

# Claims

- [c1] 1. An apparatus for applying light therapy, comprising:  
a base section, the base section further comprising:  
control circuitry; and  
power supply means;  
an adjustable vertical support attached at its lower end  
to the base section;  
a head unit attached to the upper end of the vertical  
support;  
a plurality of lamp arms attached at their proximal end  
to the head unit and extending from the head unit;  
a plurality of lamps, each lamp attached to the distal end  
of a lamp arm;  
means to control activation of individual lamps in a pre-  
determined sequence; and  
means to control the light color output by each of the in-  
dividual lamps.
- [c2] 2. An apparatus, as in claim 1, further comprising:  
means to direct the light emitted by the lamps to specific  
chakra points on the body of a patient using the appa-  
tus.
- [c3] 3. An apparatus, as in claim 2, further comprising:

means to pulse the lamps intermittently in a predetermined pattern.

- [c4] 4. An apparatus, as in claim 3, further comprising:  
means to periodically select a color from a predetermined selection of colors, and to project that color from a lamp.
- [c5] 5. An apparatus, as in claim 4, further comprising:  
means to use a prism as a primary color filter to filter the light color from the lamp.
- [c6] 6. An apparatus, as in claim 5, further comprising:  
a secondary optical color filter to filter the light from the lamp.
- [c7] 7. An apparatus, as in claim 5, wherein:  
there are seven lamp assemblies arranged in order and denominated as lamps 1 through 7;  
the lamps are divided among three frequency groups,  
the frequency groups all share the same frequency, or  
each lamp or subset of lamps is part of a particular frequency group, represented by a specific color for each frequency group, the frequency groups further comprising:  
frequency group 1 is associated with lamp assemblies 1 and 3;

frequency group 2 is associated with lamp assemblies 5 and 7; and

frequency group 3 is associated with lamp assemblies 2, 4 and 6; and

means to sequentially activate the lamps in a frequency group as follows:

group 1, then group 2, then group 1, then group 3, then group 1, then group 3, then group 1, then group 2, then group 1.

[c8] 8. An apparatus, as in claim 5, further comprising:  
programmable means to control sequencing of the frequency groups.

[c9] 9. An apparatus for applying light therapy, comprising:  
a base section, the base section further comprising:  
control circuitry;  
power supply means;  
a vertical support attached at its lower end to the base section;  
the head unit attached to the upper end of the vertical support;  
a plurality of lamp arms attached at their proximal end to the head unit and extending from the head unit;  
a plurality of lamps, each lamp attached to the distal end of a lamp arm;  
means to control activation of individual lamps in a pre-

determined sequence;

means to control the light color output by each of the individual lamps; and

means to direct the light emitted by the lamps to specific chakra points on the body of a patient.

[c10] 10. An apparatus, as in claim 9, wherein:

the vertical support is adjustable in length;

the lamp arms are adjustable in length;

the angle of the lamp arms in relation to one another are adjustable.

[c11] 11. An apparatus, as in claim 10, further comprising:

means to activate the lamps having predetermined colors in a predetermined color sequencing pattern.

[c12] 12. An apparatus, as in claim 11, further comprising:

means to pulse the lamps in a predetermined timing pattern.

[c13] 13. An apparatus, as in claim 12, further comprising:

programmable means to control color and/or pulse timing sequencing.

[c14] 14. An apparatus, as in claim 13, further comprising:

means to use a prism as a primary color filter to filter the light color from the lamp.

[c15] 15. An apparatus, as in claim 14, further comprising:  
a secondary optical color filter to filter the light from the  
lamp; and  
a quartz crystal is used as the prism.

[c16] 16. An apparatus, as in claim 13, wherein:  
there are seven lamp assemblies arranged in order and  
denominated as lamps 1 through 7; the lamps are divided  
among three frequency groups, the frequency groups all  
share the same frequency, or each lamp or subset of  
lamps is part of a particular frequency group, repre-  
sented by a specific color for each frequency group, the  
frequency groups further comprising:  
frequency group 1 is associated with lamp assemblies 1  
and 3; frequency group 2 is associated with lamp assem-  
blies 5 and 7; and  
frequency group 3 is associated with lamp assemblies 2,  
4 and 6; and  
means to sequentially activate the lamps in a frequency  
group as follows:  
group 1, then group 2, then group 1, then group 3, then  
group 1, then group 3, then group 1, then group 2, then  
group 1.

[c17] 17. A method of delivering therapeutic light therapy to  
selected chakra points on a patient, including the steps  
of:

providing a plurality of independently adjustable color lights, each light having means to deliver light energy, and each light having means to be directed to a particular chakra point on a patient's body; and activating the color lights in a predetermined sequence.

[c18] 18. A method, as in claim 17, including the additional steps of:  
using seven lamp assemblies and arranging them in order and denominating them as lamps 1 through 7;  
dividing the lamps into three frequency groups, the frequency groups all sharing the same frequency, or assigning each of the lamps to a particular frequency group with a specific color assigned to each frequency group, the first frequency group associated with lamp assemblies 1 and 3, the second frequency group associated with lamp assemblies 5 and 7, and the third frequency group associated with lamp assemblies 2, 4 and 6; and  
sequentially activating group 1, then group 2, then group 1, then group 3, then group 1, then group 3, then group 1, then group 2, then group 1.

[c19] 19. A method, as in claim 18, including the additional step of:  
sequencing of the frequency groups under control of a programmable processor.

[c20] 20. A method, as in claim 1, including the additional steps of:

- using a vertically adjustable stand to adjust the height of the lamps over the patient;
- using extendable lamp support arms to adjust the lateral position of the lamps over the patient; and
- adjusting the angle of the lamp support arms to position the lamps longitudinally over the patient.